

O-Ringen Höga Kusten 2018

Try Trail-O: Final Details

Tuesday, July 24

<p>Assembly area/Arena</p>	<p>Arena Varvsberget. Distance from the arena to both O-Ringen Square and Svedjeholmen campground is approximately 3 km.</p> 
<p>Parking</p>	<p>Distance from parking to the arena is ~1000 m. Follow signs and parking officials' instructions. Bicycle parking is located adjacent to the arena.</p>
<p>Competition rules</p>	<p>The Swedish Orienteering Federation's rules and guidelines for Trail-O apply.</p>
<p>Classes</p>	<p>Pre-A (difficult) and Pre-B (medium)</p>
<p>Fees</p>	<p>Under 16 years 70 SEK 17 years and older 120 SEK SI-chip rental 40 SEK</p>
<p>Course details</p>	<p>Pre-A: 300 m, maximum time 69 minutes, 15 controls. There may be some false controls.</p> <p>Pre-B: 300 m, maximum time 59 minutes, 10 controls. No false controls in Pre-B.</p> <p>You are only allowed to use the large road during the event.</p> <p>NOTE: WATCH OUT FOR VEHICLE TRAFFIC!</p>
<p>Point deductions</p>	<p>Exceeding the course's maximum time is penalized with a point deduction of 1 point for any part of each 5-minute unit over maximum time.</p>
<p>Punching</p>	<p>Bring a manual punch or a pen for punching.</p> <p>SportIdent is used for timing on the course. Bring your SI-chip with you.</p>

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	A limited number of rental units is available.
Start	Open start between 13.00-15.00. Make sure to punch the start! Start is located next to the arena.
Timed control	Both classes have the timed control before start. NOTE: If there is a long queue, you can walk the course first and then do the timed control. Follow the instructions of the start officials. The Tempo method is used for the timed control. The competitor gets the maps together with a cover sheet on top. Time starts when the control official hands over the maps and says "Timing starts now." The competitor can flip to the second map him/herself once the first task is solved. The clock stops at the exact moment when the competitor provides the answer to the last task. Answers are given by pointing at a board with letters for each control, or by providing an oral answer using the international phonetic alphabet (Alpha, Bravo, Charlie, Delta, Echo, Foxtrot). Number of tasks and flags: Pre-A: 2 tasks, 5 flags Maximum time is 90 sec. A warning is given when 10 seconds remain. Incorrect or invalid answers result in a time penalty of 90 seconds. Pre-B: 1 task, 6 flags Maximum time is 60 sec. A warning is given when 10 seconds remain. Incorrect or invalid answers result in a time penalty of 120 seconds. Map scale: 1:3 000 Maps must be returned to event officials and may not be thrown on the ground.
Finish	Punch at the finish. After you finish, finish officials will check your punches. Return to the arena after finishing.
Punch card	Competitors receive their punch cards at registration. The punch card must then be returned to event officials after the timed control/finish.
Map	Map drawn by Nils-Göran Olsson 2017. Enlarged and customized for Trail-O by Nils-Göran Olsson and Lennart Wahlgren 2017, 2018
Streamer colors	Parking-arena: O-Ringen Arena-timed control: White

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	<p>Out of bounds areas/crossing points: Yellow-blue.</p> <p>Boundaries: Red-white</p>
Terrain	<p>Detailed terrain that requires a lot of reading of contour features.</p> <p>Occasionally rocky. Predominantly good visibility and passability.</p> <p>The surface is a large gravel road with a mild amount of climb.</p>
Services	<p>Food for sale and handicapped toilets available at the arena.</p>
Event officials	<p>Event director: Jan Söderberg, 070-3189073</p> <p>Assistant event director: Ulf Strömberg, 070-2243924</p> <p>Course controller: Sören Söderberg</p> <p>Event controller: Maj Nylander</p> <p>Course setter: Lennart Wahlgren</p>