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Final Details

MTBO Training race

Friday, July 20, 2018

- Assembly** Arena Högländ, signposted from the highway E4 roundabout at Coop Forum at the north exit from Örnsköldsvik. From there, follow orange/white streamers for 2.5km. Coordinates: 63.313323, 18.741665.
- Parking** Car and bicycle parking available 50 meters from the arena.
- Courses**
- | Class/Difficulty level | Scale | Length |
|------------------------|----------|---------|
| Easy | 1:10 000 | 4.0 km |
| Medium | 1:10 000 | 10.0 km |
| Difficult | 1:10 000 | 15.0 km |
- Registration** You can pre-register under the "Activities" tab on oringen.se, or register at the arena in person.
- Punching** SportIdent chips 5-11 can be used. Rental SI-chips can be picked up at Competitor Services at the Training Race arena. Pre-registered participants must visit Competitor Services at the arena in order to register their SI-chips or rent an SI-chip. Competitors who do not return rented SI-chips will be charged 600 SEK. Competitors who do not punch at the start or at the finish will be disqualified.
- Start** Start between 13:00-15:00. Open start times. You start is registered by punching an SI box at the start line. Competitors must clear their SI-chips before starting. Distance to start approximately 500 meters.
- Finish** Finish is registered by punching an SI box at the finish line.
- Final info** Available at the arena and on oringen.se.
- Results** Available at the arena and on oringen.se.
- Map** Scale 1:10 000. Field checked by Nils-Göran Olsson in 2017-18 using a LIDAR basemap. Map converted to MTBO standards by Fredrik Forsgren.
- Terrain** The area has moderate to large hills and several roads and trails, as well as some more technical parts. Sections of the courses pass through residential area and cross walking and biking trails. Regular traffic rules apply. No traffic marshals will be in the area, so use caution when cycling. Helmets are required! You are only allowed to bike on roads, trails, areas of bare rock, open areas shown as orange on the map, and gravel and paved areas.

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Services Car and bicycle parking available. Toilets are provided.

Race director Thomas Nordström, 070-6806036

Course setter Peter Woxlin, 070-3198323

Controller Fredrik Forsgren, 070-6503368

Competition rules Competition rules of the Swedish Orienteering Federation apply.