

**Preliminary memo**  
**O-Ringen TrailO Stage 5**  
**Borås Arena, Friday 24th July**

Arena and travel directions	Borås Arena. Distance from O-Ringen City is 3 km. Direction see Stage 5, footO.
Parking	Parking adjacent to the arena for cars transporting wheelchairs. A priority parking pass is required. Otherwise, a maximum of 1500 metres from the arena.
Start / Time control	First ordinary start at 9am. From Arena to start: about 1000 m. on a road. Timed start according to start list in all classes. Timed control after finish in all classes. From finish to timed control: 50-100 m. Map timed control: scale 1.2500 contour interval 5m. Starting order; <b>Elite:</b> total positioned 10 starts first, then total positioned 9,8,7,6,5,4,3,2,1,11,12,13... <b>Pre-A:</b> from the worst placed to the top finishers. <b>Pre-B and Pre-C</b> in the same way as Pre.A.
Course lengths / Maximum time	Elite 1500 m / 105 minutes Pre-A 1500 m / 117 minutes Pre-B 1300 m / 96 minutes Pre-C 1300 m / 100 minutes
Course	Have a break on the course, 400 m., applicable to all classes. Do not forget to punch at break and start punch for restart!
Course setter	Håkan Eriksson, OK Råven, Tomas Tranberg Fritsla VIK
Controller	Michael Johansson, Vänersborgs SK
Finish	Finish unit for SI card. Finish personnel will check punches and will note any missing punches. After the timed control leave your cards to the secretariat, located about 150 m from the timed control. From secretariat to Arena: 1800 metres. All competitors will then follow the PreO-fold to the finish line at Borås Arena.
Control card and SI card	Competitors hand in their control card to the Secretariat, where SI cards are also downloaded.
Map	Trollskogen, Base material: previous map, Trollskogen. Revisions for TrailO: Carl-Henry Andersson 2015 Scale 1: 5000; Contour interval 5 metres.
Terrain/courses	Hard packed gravel tracks with little climb. A river bank, rich in vegetation and with areas with reduced visibility.
Catering	Shared with Foot-O.
Jury	K-G Däldehög, Lars Silvervret, Roger Borg

***Please note! Don't forget to read the general details, which apply for each event.***