

-Ringen *Höga Kusten 2018*

Final Details: Bagheera Youth Relay

Saturday, July 21

Classes:

There is a single competition class. Teams consist of a combination of boys and girls. Relay legs are run in the following order:

Leg 1: Boys up to H16

Leg 2: Girls up to D14

Leg 3 Boys up to H14

Leg 4 Girls up to D16

Teams can consist of runners from a single district from a Nordic country, or “national teams” from non-Nordic countries. Each Nordic district or country can enter up to four teams. Combination teams of two districts/countries are allowed, but only in such a way that does not give any district/country more than four teams.

Registration

Regular registration via oringen.se closes June 1st. Late registration is open until 12:00 on July 20 for a higher fee.

Team lineups

Team lineups with **names and SI-chip numbers** must be submitted by email to info@oringen.se or in person to Competitor Services at O-Ringen Square **by 21:00 on July 20**.

Assembly area

Competitors should assemble at the parking lot behind the Fjällräven Center at O-Ringen Square by 15:30. The assembly area will open at 15:00. Team leaders are welcome at the assembly area.

Arena

O-Ringen Square at the Fjällräven center.

Embargo

Competitors are not allowed in the competition area after 15:30. All competitors must go to the area behind the Fjällräven Center by 15:30 (see the map sketch below).

Team envelops

Team envelopes can be picked up by team leaders at the assembly area between 15:00 and 16:00. Team envelopes contain bib numbers and final competition details with arena sketches. Safety pins are not provided.

Warm-up area

Competitors can warm up in the assembly area and in the exchange area.

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Walk from assembly area to competition area

All competitors will walk to the competition area together at 16:30. Officials will be present to guide the competitors. Team leaders are welcome to walk along with competitors. First leg runners should walk in the front in order to expedite getting into the start chute once the teams arrive at the start/exchange area.

Start

Mass start will take place at 17:00 at the main stage at O-Ringen Square. First leg runners will walk up to their maps in front of the stage 10 minutes before the start (see map sketch below). Each runner should stand at the map corresponding to his team's number and start at the signal given by the organizers.

Exchange

Incoming runners must follow the finish chute to the finish, punch at the finish line, give their map to a finish official, pick up the map for the next runner from the map board, and hand over the map to the outgoing runner at the exchange stand.

Be sure to pick up the correct map and check that it has the right team and leg numbers. Teams that are affected when another team takes their map by mistake can get new maps, but without a time compensation. Teams that take the wrong map will be disqualified. After exchanging, the incoming runner must proceed behind the stage and enter the tent for download. See the map sketch of the finish and exchange areas below.

Finish

The official finish line is located at the same place as the finish punch. When multiple teams are sprinting for the finish, a finish official will determine who crossed the line first. In the case of a finish sprint between multiple teams, runners must punch the finish a few steps behind the finish line at a loose SI box.

After finishing, the runner must proceed behind the stage for download. See the map sketch of the finish and exchange areas below.

Refreshments

Refreshments are not provided.

Toilets

Four portable toilets and a urinal stand are available in the assembly area behind the Fjällräven center. Two portable toilets are available at the exchange area.

Punching system

SportIdent. Teams that have not provided SI-chip numbers during registration will be issued rental SI-chips. Clear and check your SI-chips at the assembly area. Make sure to clear your SI-chip before the race. It is each competitor's responsibility to ensure that their SI-chip is cleared and checked. A reserve "clear" unit will be available at the exchange area.

Course lengths and courses

All courses are about 2km long with winning times of 10-12 minutes. All courses are forked. Expect a lot of spectators, tents, cars, and caravans in the competition area. Take it easy, check control codes, and verify that all of your punches register.

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Control descriptions

Printed on the map. No loosed descriptions available.

Terrain description and shoes

The terrain is flat and consists of gravel and paved roads, and park areas. Competitors will encounter some grassy areas, but asphalt and gravel will be the predominant surfaces. Running shoes are recommend. **Spikes and shoes with metal studs are forbidden.**

Clothing

No clothing restrictions.

Controls

Controls are marked with orange/white flags and placed on wooden stands. Each control has at least two SI boxes. Make sure to check your control code numbers, as controls are placed very close together.

Out-of-bounds areas

All lawns and private yards are out-of-bounds, including areas around large buildings. O-Ringen's campground areas are marked as out-of-bounds (purple slashes) on the map. If the edge of an out-of-bounds area is marked with a solid line on the map, then it is marked with continuous yellow/blue streamers in terrain. One stream on the map may be partially dry if the weather has been dry. It is forbidden to cross that stream.

Map

Örnsköldsvik City, fieldchecked 2017-July 2018 by Ludvig Åhlund. Scale 1:4 000, contour interval 2.5 meters, sprint standards.

Results

You can follow the competition online live at liveresultat.orientering.se. Final results will be available at oringen.se after the competition.

Picking up competition maps

Maps will be handed out to teams after the end of the competition at the stage. These can be picked up by team officials once the competition is over.

Prizes

Prizes to the first three teams. The prizegiving ceremony will take place at the stage after the finish of the competition around 18.00.

Rules

This competition will take place according to the Swedish Orienteering Federation's rules for sprint competitions.

Vehicle traffic

Vehicle traffic in the competition area is only partially closed off, so use extra caution when crossing roads. There will be large crowds of pedestrians and spectators in the streets and

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open areas. Event officials and control guards will be located throughout the competition area.

Car/bicycle parking

There are no parking lots at O-Ringen Square. It is recommended that drivers use public parking lots and garages in the city center. See the O-Ringen program booklet for information about buses to O-Ringen Square. You can easily ride your bicycle to O-Ringen Square. Plenty of bicycle parking options are available.

Showers/changing rooms

Showers and changing rooms are not available.

Event Directors

Event Director Bagheera Youth Relay: Monika Westerlund 070-244 29 12

Assistant Event Director: Mathias Westerlund 070-583 21 12

Event Director O-Ringen: Jan Åhlund 070-211 34 94

Course setters

Hugo Eriksson, Benjamin Näslund

Course controller

Lennart Strandberg

Arena speaker

Per Forsberg

Competition jury

Mats Blom (chair), Johan Fröberg, and Bo Strand

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OVERVIEW



START



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EXCHANGE



FINISH



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SPECTATORS

