

Programme

Stage 5 O-Ringen 2017

Friday July 28th 2017

Arena	<p>Arena Minneberg. Distance from O-Ringen City to the arena is approximately 4,5 km.</p> <p>Route guidance from the crossing between road 61 and road 175 (Roundabout Gaterondellen, WGS84 (lat, long) 59.661834, 12.614665) Distance from Gaterondellen to Parking is approximately 2 km.</p> <p>There is no transportation arranged by O-ringen to the TrailO arenas, The competitors are expected to arrange their own transportation.</p>
Parking	<p>Distance parking-arena approximately 50m.</p> <p>Please follow directions of parking officials.</p>
Competition rules	Swedish orienteering federations rules and guidelines for TrailO
Classes	<p>Pre-Elit, Pre-A, Pre-B.</p> <p>Pre-C has been withdrawn due to lack of entries.</p>
Course data	<p>The course is split in two parts, del 1 and del 2 (Swedish for part 1 and part 2), with an intermediate 1000 m long transit section which is not included in the course time. A map showing the transit route is received after the finish punch of part 1. One maximum time is given for each part. The time is not summarized. At the start of part 2, a new start punch shall be made without clearing the SI-card in-between.</p> <p>Zero answer controls may be used in Pre-Elit and Pre-A. No zero answer controls in Pre-B.</p> <p>Pre-Elit: Part 1: 360 m, maximum time 56 min. Part 2: 370 m, maximum time 71 min</p> <p>Pre-A: Part 1. 360 m, maximum time 51 min. Part 2: 220 m, maximum time 55 min</p> <p>Pre-B: Part 1: 350 m, maxtid 56 min. Part 2: 400 m, maxtid 52 min.</p> <p>On Part 1, the whole roadway may be used. Vehicle traffic may occur on the road.</p> <p>For Pre-A and Pre-B, part 2 starts on a lawn along a ribbon and then continues onto the pavement on the south side of the street.</p> <p>After the time control, Pre-Elit continues along the pavement on the south side of the street in westerly direction, passing the competitors in Pre-A and Pre-B. Do not disturb the competitors – Be considerate.</p> <p>The Pre-Elit course second part starts just behind the finish for Pre-A and Pre-B. The Pre-Elit competitors are only allowed to use the pavement on the south side of the street in the beginning of part 2. At a marked zebra crossing, the competitors shall cross the road and continue along the north side of the street.</p> <p>Forbidden trails, streets and pavements are marked with solid purple lines on the map and/or yellow-blue ribbons on the ground.</p>

Penalties	Exceeding the maximum time of the course results in a penalty of one point per started 5 minute period.
Punching	The competitors should bring their own punches. SportIdent is used as timing system.
Start	Start of part 1 in accordance with the startlist with first start 10:00. Reversed starting order based on the total result of the first four stages. Arena – Start 1: 200m orange-white ribbon. All competition courses have interval start. Maximum time is counted from given start time for each competitor. Start of part 2 after the time control with start punching. Remember to punch! Time control –start of part 2, Pre-Elit: 350m orange-white ribbon. Time control – start of Part 2, Pre-A and Pre-B: 50m, orange-white ribbon
Time control	All courses have their time control after the transit stretch The TempO method is used. The competitor get the maps collected with a cover sheet on top. The time starts when the official hands over the maps and says “Time starts now”. The competitor shifts to the next map by him/herself when the first task is completed. The clock is stopped exactly when the competitor gives his/her answer of the last task. The answer is given by pointing at the correct plate or orally using the international lettering system (Alfa, Bravo, Charlie, Delta, Echo, Foxtrot) The maps shall be handed back to the official after completing the tasks. It is not allowed to throw the maps on the ground. Number of tasks and number of flags: Pre-Elit: 2 tasks, 5 flags Maximum time is 60 seconds. A warning is given when 10 seconds remain. Incorrect, blank or multiple answers result in an additional time of 60 seconds. Pre-A: 2 tasks, 5 flags Maximum time is 90 seconds. A warning is given when 10 seconds remain. Incorrect, blank or multiple answers result in an additional time of 90 seconds. Pre-B: 1 task, 5 flags Maximum time is 60 seconds. A warning is given when 10 seconds remain. Incorrect, blank or multiple answers result in an additional time of 120 seconds. Map scale: 1:4000
Finish	Punch at the finish after both part 1 and part 2. The Officials will then check the markings in the control card. Finish part 2 – Arena for Pre-Elit: 800 m, O-Ringen ribbon Finish part 2 – Arena for Pre-A and Pre-B: 850 m, O-Ringen Ribbon
Number bibs and pre-booked sportident	To be collected at the competitor expedition at the O-Ringen Square at the latest 21.00 on Saturday. After that, at the TrailO arena from 12.00 on the day of the competition.
Control card	All competitors will receive the control card for part 1 at the start. The control card for part 1 is returned to officials at the finish of part 1. Control card for part 2 is received at the time control. The control card for part 2 is returned at the secretariat at the finish of part 2.

Map	Arvika sprint drawn in 2014, revised 2017. Scale 1:4000, Contours 2m. Map standard ISSOM (sprint standard). Drawn by Nils-Göran Olsson. Note: North direction arrow is missing on the map.
Return of Maps	The maps for part 1 shall be returned to officials along with the control card after the finish of part 1. The maps can be collected at the arena once all competitors have started on part 2.
Ribbons	Arena – Start 1: Orange-White Time control – start 2: Orange-white Finish 2–Arena: O-Ringen Forbidden areas/passages: Blue-Yellow Limitations: Red-White Limitations on streets and pavements: Red spray-paint
Terrain	Strongly hilled, deciduous forest terrain. Good accessibility.
Service	Catering and WC (including disabled) at the Arena. No WC at the start
Prizes	Winners of the total competition along with second and third places receive their prizes on Friday's prize ceremony at the O-Ringen Square.
Stage start	Stage start can be purchased for the courses PreO Svår (Pre-A) and PreO Lätt (Pre-B). It is also possible to purchase starts at the secretariat at the TrailO arena between 09:30 and 11:00 on the competition day. Price: -16years 160 SEK, 17-20 years 220 SEK, 21 years and upwards 335 SEK. Control cards for both course parts are obtained at registration. Free starting 10.00-12.00. Time control after the finish. Preregistered competitors receive their control card at the secretariat.
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Competition management/ Information	Competition director, Course and competition controller: Owe Fredholm, 070-5938141: Course planner: Nils-Olov Andersson, 070-299 26 70