

Programme

Stage 1 O-Ringen 2017

Sunday July 23rd 2017

Arena	<p>Arena Styckåsen. Distance from O-Ringen City to the arena is approximately 4 km.</p> <p>Route guidance from the crossing between road 61 and road 175 (Roundabout Gaterondellen, WGS84 (lat, long) 59.661834, 12.614665)</p> <p>Distance from Gaterondellen to Parking is approximately 1,5 km.</p> <p>There is no transportation arranged by O-ringen to the TrailO arenas, The competitors are expected to arrange their own transportation.</p>
Parking	<p>Distance parking-arena approximately 400m.</p> <p>Parking for vehicles of disabled persons and bikes in the close vicinity of the arena.</p> <p>Please follow directions of parking officials.</p>
Competition rules	Swedish orienteering federations rules and guidelines for TrailO
Classes	<p>Pre-Elit, Pre-A, Pre-B.</p> <p>Pre-C has been withdrawn due to lack of entries.</p>
Course data	<p>Pre-Elit: 1,6 km, maximum time 102 min. Zero answer controls may be used.</p> <p>Pre-A: 1,6 km, maximum time 116 min. Zero answer controls may be used.</p> <p>Pre-B: 1,6 km, maximum time 100 min. No zero answer controls in Pre-B.</p> <p>For transportation during the competition, it is only allowed to utilize tracks drawn with double lines with yellow in-between and as well as one trail marked with red/white ribbons (marked with dashed purple lines on the map).</p> <p>It is not allowed to enter onto black dashed trails.</p> <p>Forbidden trails are marked with solid purple lines on the map.</p>
Penalties	Exceeding the maximum time of the course results in a penalty of one point per started 5 minute period.
Punching	<p>The competitors should bring their own punches.</p> <p>SportIdent is used as timing system.</p>
Start	<p>Start in accordance with the startlist with first start 13:00.</p> <p>Pre-Elit starts with a line-start at the time control. Start times are approximate. After the time control, start punch at the course start.</p> <p>Pre-A and Pre-B have interval start. Maximum time is counted from given start time for each competitor.</p> <p>Distance Arena-start 400 m orange-white ribbons. Arena-time control 150 m white ribbon. Time control-start 250 m orange-white ribbon.</p>
Time control	<p>Pre-Elit starts with the time control. Pre-A and Pre-B have their time control after the finish.</p> <p>The TempO method is used. The competitor get the maps collected with a cover sheet on top. The time starts when the official hands over the maps and says "Time starts now". The competitor shifts to the next map by him/herself when the first task is completed. The clock is stopped exactly when the competitor gives his/her answer of the last task.</p> <p>The answer is given by pointing at the correct plate or orally using the international lettering system (Alfa, Bravo, Charlie, Delta, Echo, Foxtrot)</p> <p>The maps shall be handed back to the official after completing the tasks. It is not allowed to throw the maps on the ground.</p>

	<p>Number of tasks and number of flags:</p> <p>Pre-Elit: 2 tasks, 6 flags Maximum time is 60 seconds. A warning is given when 10 seconds remain. Incorrect, blank or multiple answers result in an additional time of 60 seconds.</p> <p>Pre-A: 2 tasks, 6 flags Maximum time is 90 seconds. A warning is given when 10 seconds remain. Incorrect, blank or multiple answers result in an additional time of 90 seconds.</p> <p>Pre-B: 1 task, 6 flags Maximum time is 60 seconds. A warning is given when 10 seconds remain. Incorrect, blank or multiple answers result in an additional time of 120 seconds.</p> <p>Map scale: 1:4000</p>
Finish	Punch at the finish. The Officials will then check the markings in the control card.
Number bibs and pre-booked sportident	To be collected at the competitor expedition at the O-Ringen Square at the latest 21.00 on Saturday. After that, at the TrailO arena from 12.00 on the day of the competition.
Control card	Pre-Elit receives the control card at the time control Pre-A and Pre-B receives the control card together with the map at the start. After completing the course including time control, the control card shall be returned at the secretariat.
Map	Styckåsen drawn in 2017. Scale 1:4000, Contours 2m. Map standard ISSOM (sprint standard). Occasional bolders and pits with size smaller than the standard may exist. Drawn by Nils-Göran Olsson. Note: North direction arrow is missing on the map.
Ribbons	Parking - Arena: O-Ringen Arena – Time control: White Arena – Start: Orange-White Time control – Start: Orange-White Finish – Time control: Orange Finish – Arena: O-Ringen Time control – Arena: White Forbidden areas/passages: Blue-Yellow Limitations: Red-White
Terrain	Hilly, open park like forest terrain. Good accessibility.
Service	Catering and WC (including disabled) at the Arena. No WC at start. Water is served along the course after about 900m.
Prizes	Stage winners receive their prizes on Sunday's prize ceremony at the O-Ringen Square.
Stage start	Stage start can be purchased for the courses PreO Svår (Pre-A) and PreO Lätt (Pre-B). It is also possible to purchase starts at the secretariat at the TrailO arena between 12:30 and 14:00 on the competition day. Price: -16 years 160 SEK, 17-20 years 220 SEK, 21 years and upwards 335 SEK. Control cards are obtained at registration. Free starting 13:00-15:00. Time control after the finish. Preregistered competitors receive their control card at the secretariat.
Jury	Owe Andersson, Inga Gunnarsson och Roger Borg.
Competition	Competition director: Rudi Olvenmyr, 0730-23 54 41

management/
Information

Course planner: Eva Björkman, 070-660 66 21

Course and competition controller: Owe Fredholm, 070-5938141